

COVID-19 and Path Surveys

Covid-19 put a stop to all our volunteering activities. However, as we ease out of lockdown we are now at a stage we are able to restart our volunteering activities.

The virus has not gone and government restrictions remain in place so it is important that to keep you, our volunteers safe, we adhere to government guidance.

At all times

- You are responsible for keeping yourself safe as well as looking out for the safety of others.

Before you go

- **Do not** undertake a path survey if:
 - You or anyone you live with is showing signs of Coronavirus.
 - You have been advised to self-isolate by NHS Test & Protect.
 - Scottish Government Coronavirus guidance restricts what you can do.
- Pack a face covering and hand sanitiser.
- If you use public transport to get to your survey start point adhere to social distancing and wear a face covering. Consider alternative forms of transport such as a bike or car.

During the survey

- If you are surveying with another volunteer from outside your household, you should stick to the 2-metre social distancing guidance and use hand sanitiser when passing things between each other.
- Try not to touch any gates and surfaces. If you do need to then use your hand sanitiser before and after touching them.
- Do not share food and drink with other volunteers from outside of your household.

When you get home

- Dispose of or wash your face covering.
- Wash your hands with soap and water for at least 20 seconds.
- Wash or disinfectant any equipment, such as secateurs as appropriate.
- Send us your survey report.

Further information

Everything Coronavirus: www.gov.scot/coronavirus-covid-19/

If you feel unwell: <https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19>

If you've got questions about path surveying and COVID-19 contact the Field Officer karen_inkster@scotways.com

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